

# 1963 Region 7 Championship

at Aurora, Sat., June 1, 1963

**Teams:** Proctor 30, Hibbing 22, International Falls 21, Hermantown 17, Grand Marais 15, Chisholm 13, Cloquet 12, Nashwauk-Keewatin 11, Aurora-Hoyt Lakes 10, Grand Rapids 10, Silver Bay 9, Eveleth 8, McGregor 8, Alango 4, Orr 3, Moose Lake 3, Sandstone 3, North Branch 2, Pine City 2, Ely 1, Rush City 1.

## 100

- 1 Gary Atwood, Proctor 10.3
- 2 Warn, Eveleth
- 3 Russo, Nashwauk-K
- 4 Welton, Cloquet
- 5 Smonich, Hibbing

## 220

- 1 Gary Atwood, Proctor 24.1
- 2 Gouin, Intl Falls
- 3 Welton, Cloquet
- 4 Russo, Nashwauk-K
- 5 Meisner, Grand Rapids

## 440

- 1 Dave Couture, Intl Falls 50.9
- 2 Don Couture, Intl Falls
- 3 Meyers, Proctor
- 4 Kampf, Nashwauk-K
- 5 Misukanis, Moose Lake

## 880

- 1 Ron Cerar, Hibbing 2:02.1
- 2 Don Hanson, Proctor
- 3 Roy Talus, A-HL
- 4 Colvin, Biwabik
- 5 Skoog, McGregor

## Mile

- 1 LeRoy Storbeck, A-HL 4:26.1 \*\*
- 2 Larry Bushnell, Proctor
- 3 Anderson, Sandstone
- 4 Crandall, Intl Falls
- 5 James, Hibbing

## High Hurdles

- 1 Paul Schendel, Grand Rapids 15.9
- 2 Michalski, Silver Bay
- 3 Skoog, McGregor
- 4 Laney, Proctor
- 5 Cole, Grand Rapids

## 180 Yd. Low Hurdles

- 1 Dick Voltzke, Hermantown 20.9
- 2 Skoog, McGregor
- 3 Schendel, Grand Rapids
- 4 Lund, A-HL
- 5 Trdan, Hibbing

\* Ties Meet Record

\*\* New Meet Record

## 880 Relay

- 1 Chisholm (Bober, Johnson, Allison, B. Zupancich) 1:34.9
- 2 Cloquet
- 3 International Falls
- 4 Moose Lake

## Mile Relay

- 1 Chisholm (Bober, V. Zupancich, ???, B. Zupancich) 3:34.2
- 2 Proctor
- 3 International Falls
- 4 North Branch

## Shot Put

- 1 John Micketts, Hermantown 51-8
- 2 J. Kleffman, Hibbing
- 3 R. Kleffman, Hibbing
- 4 Jim Micketts, Hermantown
- 5 LaVoie, Cloquet

## Discus Throw

- 1 John Micketts, Hermantown 158-6 \*\*
- 2 Tim Nash, Alango 153-?
- 3 Jim Dropp, Chisholm
- 4 Bergquist, Cloquet
- 5 R. Kleffman, Hibbing

## Broad Jump

- 1 Bob Toftey, Grand Marais 20-6 ¼
- 2 George Warn, Eveleth 20-5
- 3 Nolin, Orr
- 4 Hanson, Proctor
- 5 Olson, Rush City

## High Jump

- 1 Roger Michalski, Silver Bay 5-10 ½
- 2 DeJariais, Nashwauk-K
- 3 Toftey, Grand Marais
- 4 Sjoberg, Proctor
- 4 Dobill, Ely
- 4 Severson, Forest Lake

## Pole Vault

- 1 Bill Ridgeway, Grand Marais 11-11
- 2 Gillis, Hibbing
- 3 Peet, Grand Marais
- 3 Caroon, Pine City
- 3 Bruno, Hibbing

**Notes:** Proctor was coached by Jim McIntire.